



# Royal Rangers

Merit Requirements: [Blue-Bordered Merit](#)

## SENIOR CITIZENS

1. With your commander's help, adopt a senior citizen in your church as a grandmother or grandfather. Or adopt both a grandmother and a grandfather.
2. Learn about your adopted grandmother's and/or grandfather's birthdays, anniversaries, etc., and present them with some special remembrance on these occasions. An alternate presentation could be for a special holiday such as Easter, Grandparents' Day, Thanksgiving, or Christmas.
3. Invite your adopted grandmother and/or grandfather to attend a special outpost activity and recognize each of them at that event.
4. List six Scripture verses that tell of God's feelings toward our senior citizens.
5. List five things around the church that may cause hindrances or difficulties for senior citizens.
6. List ten things that senior citizens do at your church.
7. Select one of the following options for a special time with your adopted grandmother and/or grandfather:
  - a. Arrange a special banquet.
  - b. Arrange a dessert fellowship.
  - c. Arrange a special coffee/tea time during an outpost meeting.
  - d. Arrange a popcorn and oldies movie night.
8. Write a 100-word report about how the adopted grandmother and/or grandfather have affected your life.